



**EAT  
AND  
THINK** **2WIN**

# Chewable C

**500 milligrams of Vitamin C with bioflavonoids to increase effectiveness of Vitamin C in a great tasting cherry flavored chewable wafer.**

- **Vitamin C** supports immune system function and collagen health. The primary function of Vitamin C is maintaining collagen. Vitamin C also helps form red blood cells, provides antioxidant protection against free radicals, and supports the immune system.

- **Vitamin C** is a water-soluble antioxidant that neutralizes free radicals to prevent damage. It supports collagen production to benefit skin, teeth and bone health.

- Factors such as coffee, tea, smoking, illness, strenuous exercise, and physical and mental stress all deplete Vitamin C levels in the body. The following drugs also tend to deplete Vitamin C in the system: Aspirin, Betapar, Brevicon, Cortisone, Demulen, Enovid, Indocin, Norinyl, Orasone, Prednisone, Sterazolidin.

- **Chewable C** contains Bioflavonoids, which increase the effectiveness of Vitamin C by 50%. Pectin has been shown to be beneficial in managing cholesterol levels within normal ranges. Rose Hips are a great source of Vitamin C, but also contains pectin, citric acid and malic acid.

- An excellent supplement for children and people who have difficulty swallowing tablets.

## SUPPLEMENT FACTS

**Serving Size: 1 Chewable Wafer**

**Servings per container: 90**

Calories	10
Total Carbohydrates	2 g
Sugars	1 g
Vitamin C (as ascorbic acid)	500 mg
Mixed Citrus Bioflavonoids	30 mg
Pectin	5 mg
Rose Hips	5 mg

**Other ingredients:** fructose, sorbitol, microcrystalline cellulose, silicon dioxide, magnesium stearate, stearic acid, natural flavorings, riboflavin, carmine (color).

- **Suggested use:** As a dietary supplement, take one chewable wafer with each meal, or as directed by your health care practitioner.



Manufactured to cGMP standards and distributed by:  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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