

## This unique formula contains patented ingredients to:

- reduce pain and swelling
- increase mobility
- modulate immune function

Several ingredients have been researched and proven to increase mobility, decrease the need for over-the-counter pain medication, and reduce pain and swelling.

The inflammatory process consists of a chain of events in response to trauma or injury. Inflammation may be acute or chronic and leads to changes in the tissues, cells, and blood vessels surrounding the inflamed area.

Inflammation is associated with many disease conditions such as arthritis, autoimmune diseases, cardiovascular disease, asthma, Crohn's disease and ulcerative colitis, and more. The nutrients in X-Flame Plus have been showed to support

conditions associated with inflammation.

### Kre-Celazine® (US Patent 6,399,661)

Kre-Celazine<sup>®</sup> contains a patented fatty acid and creatine complex. A case study and a published double-blind placebo controlled trial shows this patented formula's efficacy in reducing inflammation, pain, swelling, stiffness, etc. in various joints.

#### DMG HCI (US Patent 5,026,728) (US Patent 7,229,646 B2)

Dimethylglycine HCI modulates cytokine production and acts as an anti-oxidant as well as an anti-inflammatory agent. This remarkable supplement has two US Patents for the treatment of inflammatory disease and modulating immune response and for the treatment of arthritis and inflammation. Other uses for DMG include enhancement of athletic performance by improving oxygen utilization and targeting cancer by promoting apoptosis and preventing metastasis. An important function of DMG is as a methyl donor.

#### Turmeric

Better known as a cooking spice, turmeric is also an anti-inflammatory and an anti-oxidant. Turmeric inhibits the formation of pro-inflammatory mediators thromboxane and prostaglandin.

## Boswellia serrata

This Ayurvedic herb is useful in inflammatory conditions like arthritis, asthma, and colitis. The mechanism of action by which Boswellia improves arthritis is speculated to be improved blood supply to the joints and the prevention of connective tissue breakdown. **Quercetin, Rutin, and Luteolin** from the flavanoid family have been proven in many studies to exhibit anti-inflammatory and anti-oxidant properties. These flavanoids also act as antihistamines and may help reduce symptoms associated with inflammatory conditions.

**Ginger root (Zingiber off.)** is a digestive system tonic. Ginger also has analgesic and anti-inflammatory actions.

**Cayenne pepper-** As a synergizing herb, cayenne is said to enhance the actions of other herbs. Cayenne improves circulation and may be helpful for reducing the pain of arthritis, psoriasis, post-surgical pain, diabetic neuropathy, post-herpetic neuralgia, and fibromyalgia.

# SUPPLEMENT FACTS

Serving Size: 4 Capsules or 1 (8 gram) Scoop Amount per Serving: 30

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Kre-Celazine <sup>®</sup>	1,500 mg
DMG HCI	250 mg
Turmeric Root Extract (95% Curcuminoids)	200 mg
Boswellia serrata Extract (65% Boswellic Acid)	200 mg
Quercetin (as Quercetin Dihydrate)	75 mg
Rutin	75 mg
Ginger Root Extract (5% Gingerols)	50 mg
Luteolin (from Perilla Leaf Extract)	8 mg
Cayenne Pepper Powder	5 mg

**Other Ingredients:** vegetable cellulose (capsule), rice flour, vegetable stearate

**Suggested Use:** As a dietary supplement, mix one scoop (8 g) in 6-8 oz of water and take daily, or as directed by your health care practitioner.



Manufactured to cGMP standards and distributed by: Eat and Think 2 Win 1700 South Ocean Blvd Delray Beach Florida 33483 516-200-5400 www.EatAndThink2Win.com

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